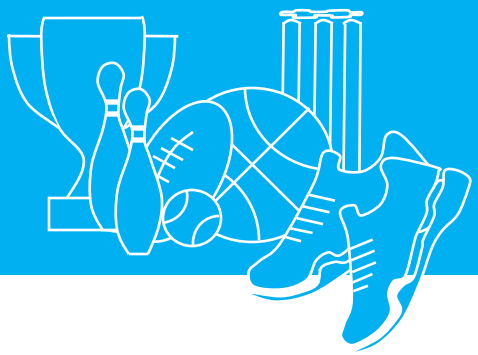
HEALTHY SPORTS CLUBS



PREVENTING DRUG HARMS HEALTH AREA

BACKGROUND

Clubs that take steps to reduce drug harm position themselves as role models in the community, providing safe, inclusive and family-friendly spaces. At these clubs, members can look up to peers and leaders who model positive behaviours, and they feel supported to access help if they need it.

However, it can be difficult to be proactive about drug harm, especially when there is a perception that drug use is not a big issue at the local club level. In reality, there is somebody at every club who has experienced or been impacted by the use of recreational, performance enhancing, illicit or prescription drugs. Sports club leaders may wish to take action, but can feel ill-equipped to tackle such a complex issue without support.

Thankfully, you don't need to navigate this topic alone. Free, tailored 1-on-1 support is available for sports clubs in the City of Casey, City of Greater Dandenong, and Cardinia Shire. The Preventing Drug Harm health area of Healthy Sports Clubs offers up-to-date information and practical strategies to help clubs get implement positive changes when it comes to preventing drug harm, creating a place where everyone feels safe and supported.

ACHIEVING THIS HEALTH AREA

The **Preventing Drug Harm** health area aligns with Good Sports. Clubs that are a *Gold Good Sports Club* can receive automatic recognition for the Responsible Alcohol Consumption area in Healthy Sports Clubs.

Clubs will be supported to:

- Provide drug prevention education to club members
- Consult with community to understand needs
- Create a club Preventing Drug Harm Policy.

COMPLETE THE EXPRESSION OF INTEREST FORM TO REGISTER YOUR CLUB

EOI FORM