

## Advanced Life Support (ALS) for Anaesthetics Course



### Course at a Glance

The ALS for Anaesthetics course has been designed in collaboration with Monash Anaesthetics, to provide opportunity for revision and practice of ALS skills, in the context of the intraoperative / peri-operative environment. The course fulfils the Australian and New Zealand College of Anaesthetists (ANZCA) minimum requirements for ALS training in all four anaesthetic trainee core units and meets Continuing Professional Development (CPD) standards for annual program-level emergency response activities.

### Course Topics

The course includes practical workshops, cardiac arrest drills and immersive simulated scenarios, covering the following core components:

- Safe and timely management of common anaesthetic ALS scenarios i.e. VF/VT/Asystole/PEA, cardiac ischaemia and other cardiac arrhythmias.
- Applying ALS principles in an intraoperative (i.e. theatre) and perioperative (i.e. PACU) environment.
- Demonstrating effective teamwork including role allocation, leadership, communication and team followership.
- Airway management, chest compressions and safe use of the defibrillator during a cardiac arrest.

### Who can attend?

This program is suited to Monash Health Anaesthetic Trainees only.

National Safety and Quality Health Service Standards, September 2012. Standard 8: Recognising and responding to deterioration in acute health care.

## ANAESTHETICS ALS

### Course Dates 2026:

Tuesday 10<sup>th</sup> February  
Thursday 7<sup>th</sup> May  
Monday 22<sup>nd</sup> June  
Tuesday 17<sup>th</sup> November  
Monday 7<sup>th</sup> December

### Course Timings:

The course runs for 4 hours (not including pre-course material) from 1.00pm to 5.00 pm.

To allow the course to run on time, we request that you arrive 15 minutes prior to the course start time

### Venue:

**Monash Simulation**  
Moorabbin Hospital  
823-865 Centre Rd  
East Bentleigh  
VIC 3165

### Bookings:

Please send your enquiry for bookings to the below email address

[Nathalie.Gomes@monashhealth.org](mailto:Nathalie.Gomes@monashhealth.org)

### Any questions?

Please contact:

Monash Simulation  
T: 9928 8314  
[MonashSimulation@monashhealth.org](mailto:MonashSimulation@monashhealth.org)