

Our purpose-built facilities propel groundbreaking trials from first in human to complex Phase 3, driving medical breakthroughs across 30+ disciplines

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# Clinical Trials

The pursuit of excellence  
in healthcare



# Welcome to the Monash Health Translation Precinct

An established and vibrant clinical research site with a comprehensive portfolio of projects

The Monash Health Translation Precinct is a partnership between Monash Health, Monash University and the Hudson Institute of Medical Research located at the world-class Translational Research Facility. Co-located at the Monash Medical Centre in Clayton, the purpose-built facility is dedicated to conducting clinical research at the highest standard and ensuring research is translated from the

laboratory bench to the bedside in a timely way. Clinical investigators also conduct health services research, using data to evaluate treatment strategies and pathways. Research studies address critical questions in clinical medicine, public health, social sciences, and services. The many varied projects provide the opportunity to translate research into optimal healthcare and broad practice.



## 355

new research studies submitted for 2025

## 1,574

Active research studies, including:

## 555

Clinical Drug Trials

## 59

Device Trials

## 960

Clinical Research Studies

## 400

New Quality Assurance projects submitted for 2025

# A Dedicated Workforce with Dedicated Clinical Trial Facilities

Delivery of clinical trials is complemented by our purpose-built facilities, conveniently co-located within the Monash Health Precinct in Clayton alongside Monash Medical Centre, Monash Children's Hospital, the Victorian Heart Hospital, and academic and research partners, including Monash University and the Hudson Institute.

Acknowledging the specific needs of adult and paediatric trial participants, we offer separate adult and paediatric clinical trial centres with facilities and teams that provide tailored and exceptional care.

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## Clinical Trials Centre Adults

Supporting over 350 Phase 1 – Phase IV trials from over 27 research units, our adult Clinical Trials Centre offers a dedicated team, including:

24	Specialised Nurses	+	Dedicated Trials Pharmacy
5	Administrative Staff	+	Dedicated Trials Pathology
3	Patient Services Assistants	+	Dexa Scan
21	Treatment Chairs	+	CT Scan
2	Treatment Rooms		
10	Consulting Rooms		
8	Beds		



The breadth of our clinical trials capabilities and the ability to provide trials to people in our community at all stages of life is unique. This is strengthened by our strong working relationships with industry and with Monash University and the Hudson Institute of Medical Research.



**Associate Professor Tam Nguyen,**  
Director of Research and Innovation

Ward 4F  
Monash Kids Research



We had a very positive experience participating in a trial with the team at Monash Children's Clinical Trial Centre. All our questions and concerns throughout the trial were answered very promptly, even after hours and on weekends. A wonderful team that always took a genuine interest in the participant's wellbeing.

Rachel, parent of trial participant

# Monash Children's Clinical Trials Centre

Paediatric clinical trials are conducted within our purpose-built, family-friendly 230-bed Monash Children's Hospital, located within the Monash Health Precinct in Clayton alongside Monash Medical Centre.

The 2 specialised clinical trials teams for paediatric trials put children and their families at ease and include facilities specifically designed for younger participants. This includes:

- 5 Specialised Research Coordinators/Nurses
- 6 Beds/Treatment Chairs
- 2 Consulting Rooms
- + Delivered a diverse portfolio of clinical studies in collaboration with speciality departments across MCH
- + Light procedural sedation within approved circumstances to minimise distress to participating children
- + Commercial and Investigator-Initiated Phase II-IV
- + Dedicated Trials Pharmacy and Pathology (Linked with the main Clinical Trials Centre)
- + Paediatric Clinical Pharmacology and Trials Expertise
- + Ethics Submission Specialists

“ All children should have the opportunity to thrive. For those with serious health issues, high-quality, ethically approved clinical trials can have a profound impact, enabling early access to innovative and transformative treatments. Examples include protein modulator therapies for cystic fibrosis, recombinant antibody therapies for auto-immune conditions, and breakthrough gene therapies for conditions like spinal muscular atrophy. At the Monash Children's Trials Centre, it is our mission and privilege to help families access emerging therapies for their children in a family-friendly and supportive environment.

Associate Professor David Metz, Paediatric Clinical Pharmacologist and Nephrologist, Medical Lead Monash Children's Clinical Trial Centre, Monash Children's Hospital



# Monash Children's Cancer Centre

The Monash Children's Hospital Cancer Centre has a strong focus on research and participates in international clinical trials and other clinical research.

Our children's cancer research program focuses on brain tumours and solid tumours in children and adolescents.

It has 60 research studies underway including:

**31** trials

**10** specialised research coordinators/nurses

**2** cancer biobanking scientists

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“ In the Monash Children's Cancer centre clinical trials team, we strive daily to offer innovative, novel and international trial opportunities to every single patient. This ensures that patients can access the best available treatments and benefit from therapeutic, supportive care, as well as long-term survivorship trial opportunities. In addition, patients and their families can choose to contribute directly to progressing the field of paediatric haematology/oncology and improve outcomes for future patients and their families.

Dr Michelle Martin,  
Director of Paediatric Oncology  
at Monash Children's  
Cancer Centre





Collaborating with researchers, institutions, organisations, and patients, strengthens our capacity to develop and implement strategies and programs to improve cardiovascular health. I am fortunate to work at the Victorian Heart Hospital because of its commitment to collaboration to provide innovative, holistic and patient-centred care, as well as world-leading research and education.

**Dr Esther Davis**, Cardiologist and Researcher VHH

# Victorian Heart Hospital Clinical Trials Centre

Australian-first taking cardiac trials  
and research to the next level

As a Monash Health hospital, the Victorian Heart Hospital (VHH) is uniquely positioned to provide tailored cardiovascular care for all Victorians, and specialised life-saving procedures for our community. With significant clinical activity and a high volume of patients, comes the opportunity to position the Victorian Heart Hospital as a major hub for clinical trials and research.

In particular, the VHH Clinical Trials team is running more than 50 clinical trials, focused on

delivering world class research involving patients across a wide spectrum of heart diseases. This activity is supported by clinician-researchers with strong academic and industry collaborations both nationally and globally.

The VHH Clinical Trials team has established itself as a world-class trials and research program in the areas of catheterisation lab-based activities, including leadership of a number of first-in-human device trials, and in the leadership of pivotal trials of novel drug

therapies. Monash Health is already at the forefront of research that uses CT imaging to analyse the heart and blood vessels. The VHH will take this research to the next level.

By combining the best minds from Monash Health, Monash University, and a wide network of research industry collaborators, the Victorian Heart Hospital will be a global leader in cardiovascular clinical trials and research.



“ We are exceptionally proud of the VHH clinical trial centre, which continues to grow each year and provides our patients with access to a wide breadth of novel cardiovascular therapeutics that is unparalleled within Australia. It is very rewarding to be part of the team that takes these treatment options from inception all the way through to clinical translation.



Dr Adam Brown,  
Interventional Cardiologist,  
Monash Health

# Clinical Trials Centre

We conduct trials in the following specialties:

- Aged Care
- Allergy and Immunology
- Anaesthesia
- Cardiology
- Cardiothoracic Surgery
- Dermatology
- Diabetes
- Emergency
- Endocrinology
- Gastroenterology and Hepatology
- Haematology and Oncology
- Infectious Diseases
- Intensive Care
- Interventional Radiology
- Lung and Sleep
- Movement Disorders
- Nephrology
- Neurology
- Newborn Intensive Care
- Obstetrics and Gynaecology
- Ophthalmology
- Otolaryngology
- Palliative Care
- Podiatry
- Psychiatry
- Rheumatology
- Surgery
- Vaccinology

“ I wanted to find somewhere that explicitly encourages clinicians to be active in research. I have found that at Monash Health, where we make the concept of bench to bedside and back again into a reality. I work in a team with three other medical oncologists in the early phase trials unit and a team of eight medical oncologists at Monash Health who do cancer research at Monash University. I also work with incredible nurse consultants and clinical trials coordinators who are very experienced and care deeply about the patient journey.



Dr Elizabeth Ahern,  
Medical Oncologist,  
Monash Health

# Dedicated Trials Pharmacy

We also have a Clinical Trials Pharmacy within the VHH pharmacy department, supporting MCRC with cardiovascular clinical trials.

- 7 Clinical Trial Pharmacists at MHTP
- 3 Pharmacy Technicians at MHTP
- 1 Clinical Trial Educator
- 1 Clinical Trial Pharmacist at VHH
- Dispense investigational products and supportive care medicines for all patients enrolled in a clinical trial
- On site aseptic preparation suite (as currently listed – include vaccines)
- Ability to store medications at a variety of temperatures
  - Ambient
  - Refrigerated
  - Freezer (-20°C and -80°C)



# Research Support Services

Our Research Support Services team supports researchers at every step of the way, from trial set-up right through delivery.

- A dedicated team of 10 staff
- Ethics and governance support
- New ethics submissions under National Mutual Acceptance within 30 days for both adult and paediatric studies
- Parallel site authorisation approvals
- Contract management
- Quality monitoring and audits



“ The future of research does not lie in asking a question, finding the answer, and publishing a paper. The way that we think about research is undergoing a major change. Research is ultimately about finding new ways to treat our patients better. It’s about impact and inviting the community to participate in research because the research isn’t about us – it is fundamentally about our community.



Prof Stephen Nicholls,  
Director Victorian  
Heart Institute

# Current Research Trials All Life Stages

Our commitment is to deliver exceptional care and leading-edge treatments through bench-to-bedside translational research, ensuring comprehensive support across all stages of life.





# About Monash Health

Monash Health is Victoria's most impactful and integrated health service. We deliver equitable, expert care across every stage of life, with the scale to reach more people, the depth to make a difference, and the heart to do it with unwavering purpose.

Every day, our people show up not just to provide healthcare, but to make a genuine and lasting difference in the lives of the individuals, families, and communities we serve. Whether helping a newborn take their first breath, guiding someone through recovery, or enabling older adults to age with dignity, we place people at the core of everything we do.

Every year, we support one of the state's fastestgrowing and most diverse communities. Our tertiary and public health services are available to 2.3 million residents across south-east Melbourne and Victoria – more than one-quarter of the state's population. From major hospitals like Monash Medical Centre, Dandenong Hospital, and Casey Hospital, to highly specialised services at Monash Children's Hospital and the Victorian Heart Hospital, our network of more than 40 locations is built to deliver coordinated, world-class care when and where it is needed most.

Beyond our acute hospitals, we provide a comprehensive continuum of care through

rehabilitation, mental health, aged care, community health, and integrated care services, including the Kingston Centre, Moorabbin Hospital, and the Cranbourne Integrated Care Centre. This integrated model ensures we are always there for our patients and communities throughout their health journey. We believe no one should be left behind when it comes to living well, with joy, every day.

Our impact extends well beyond clinical care. We lead innovative research that informs better treatments and care models. We educate and train the next generation of healthcare professionals. And we collaborate boldly across sectors and disciplines to address the social determinants of health, reduce inequity, and strengthen the resilience of the communities we serve.

With 24,000 dedicated employees, we are proud to call ourselves one of Australia's largest and most capable health services. But more importantly, we are a trusted presence in the lives of the people who rely on us. Our workforce

reflects the rich diversity of our community, and our culture is grounded in shared values, mutual respect, and a deep commitment to doing what matters most.

At Monash Health, we don't just respond to needs – we anticipate them. We bring empathy and humanity into every interaction. We act with purpose, we innovate with courage, and we work together to create a healthier, more connected future for all Victorians.

## Our care

Monash Health provides more than 250 integrated hospital-based and community services, delivering care across the lifespan.

Monash Health has a key role as a tertiary provider in a range of services, providing specialist care across Victoria, including:

- Cancer and blood disorders
- Cardiology and cardiac surgery
- Endovascular clot retrieval
- Kidney and pancreas transplant
- Maternity services
- Mental health
- Neonatal intensive care
- Paediatrics

# Our Strategic Partnerships



**MONASH**  
University

## **Sub-Faculty of Clinical and Molecular Medicine**

Part of Monash University's Faculty of Medicine, located within our translation precinct, the sub-faculty will integrate the School of Clinical Sciences (SCS), Hudson Institute of Medical Research, Monash Centre for Health Research and Implementation, and Victorian

Heart Institute. It will drive cutting-edge research from discovery to implementation and help drive our mission to create world-class health outcomes for our patients.



INSTITUTE OF MEDICAL RESEARCH

## **Hudson Institute of Medical Research**

As a global bioscience medical research leader, Hudson Institute's sole focus is on powering breakthrough scientific discoveries into improved health care that will transform lives. We strive to improve human health through groundbreaking, collaborative

medical research discoveries and the translation of these to real-world impact. Our scientists research five areas of medical need Inflammation, Reproductive Health and Pregnancy, Infant and Child Health, Cancer, and Hormones and Health.



## Contact

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