

Kingston MET (KMET) Course



Course at a Glance

KMET is a one-day comprehensive clinical skills and simulation program designed to equip participants with a structured approach for assessment and management of deteriorating patients. KMET is a bespoke course, tailored specifically for doctors and nurses working within the sub-acute clinical environment at Monash Health's Kingston Centre.

Course Topics

- Use of a structured approach to assess and manage unwell patients, considering the patient cohort, clinical resources and team structures unique to the Kingston Centre.
- Latest evidence about clinical deterioration in ward-based areas.
- Effective communication strategies and behaviours that aid teamwork coordination and clinical decision making.

The course includes interactive lectures and video analysis, teamwork and problem-solving activities, facilitated discussions and practice of clinical skills during workshops and immersive simulation scenarios.

Who can Attend?

This course is aimed at nurses and doctors working within the sub-acute wards at the Kingston Centre.

Course Dates 2026

KMET HMOs

Tuesday 10th February
Tuesday 19th May
Tuesday 11th August
Tuesday 17th November

KMET REGs

Tuesday 24th February
Tuesday 3rd March

Course Timings:

Full day course - 8.00am to 4.00pm.

To allow the course to run on time, we request that you arrive 15 minutes prior to the course start time.

Bookings:

Kingston staff will be pre-allocated dates throughout 2026

Venue:

Monash Simulation
Moorabbin Hospital
823-865 Centre Rd
East Bentleigh
VIC 3165

Any questions?

Please contact:
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