

Hospital-Based Intermediate Life Support (HILS) Program



Course at a Glance

The Hospital-based Intermediate Life Support (HILS) program is designed to equip medical staff with skills in managing a patient transitioning from basic life support (BLS) to advanced life support (ALS). The program incorporates minimal resuscitation competencies outlined by the Royal Australasian College of Physicians (RACP) required for Basic Physician Trainees (BPTs) prior to being seconded to rural hospitals and/or being employed at a general medical registrar level.

Course Topics

The program provides practical workshops, facilitated discussions and simulated scenarios, covering the following core components:

- Recognition of the arrested or peri-arrested patient
- Activation of Rapid Response Systems (MET Call / Code Blue)
- Practice of Australian Resuscitation Council (ARC) recommended algorithms (BLS/ALS) including teaching and assessment of core skills (Airway/Breathing management, Cardiopulmonary Resuscitation (CPR), rhythm recognition, manual defibrillation, administration of first-line ALS medications, and identification/treatment of reversible causes)
- Effective team coordination focusing on leadership, followership, defining roles and communication

Who can attend?

This program is suited to BPTY2 medical staff who may be the most senior medical clinician rostered on at a peripheral hospital site, or prior to a clinical rotation to a rural location.

Course Dates 2026

Thursday 29th January
Thursday 9th April
Thursday 18th June
Thursday 27th August
Thursday 5th November

Course Timings:

The program runs for 4 hours (not including pre-course material) from 1.00 to 5.00 pm.

To allow the course to run on time, we request that you arrive 15 minutes prior to the course start time

Venue:

Monash Simulation
Moorabbin Hospital
823-865 Centre Rd
East Bentleigh
VIC 3165

Bookings:

Please send your enquiry for bookings to the below email address

bpctraining@monashhealth.org

Any questions?

Please contact:
Monash Simulation
T: 9928 8314
MonashSimulation@monashhealth.org