

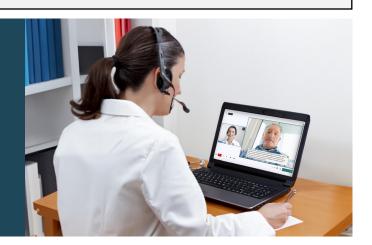
# Attending your appointment via a Video Call



Where appropriate, you can have your consultation online via a video call

Video calling is as convenient as a phone call, with the added value of face-to-face communication.

It can save you time and money, and brings your care closer to home.



•

Where do I go to attend my appointment?

To attend your appointment, go to:

www.monashhealth.org/services/telehealth

Instead of travelling to your appointment, you enter the clinic's waiting area online. The health service is notified when you arrive, and your clinician will join you when ready. There is no need to create an account. No information you enter is stored.



#### ✓ What do I need to make a video call?





- A recent version of a supported web browser as shown overleaf:
  - Google Chrome, Microsoft Edge, Mozilla Firefox or Apple Safari.
- Web-camera, speakers and microphone (already built into laptops or mobile devices)



#### Is it secure?

Video calls are secure; your privacy is protected. You have your own private video room, that only authorised clinicians can enter.



#### How much does a video call cost?

The video call is free (except for your internet usage). However, the regular costs – if any – of a medical consultation still apply.



#### How much internet data will I use?

A video consultation uses less than half of the data you would use while watching a YouTube video in High Definition\*.

Data use is less on lower-speed internet connections, or if you're using a less powerful computer, tablet, or smartphone. These factors can also reduce the overall quality of the call.

Data use increases when there are more than two participants in the call.

\* That's about 230 MB on a mobile device, and 450 MB on a PC for a 20 minute call, which is similar to FaceTime®.



#### Smartphone & tablet users

If you can, connect to a home or work Wi-Fi network to avoid using your mobile data allowance.

See over for more information on how to make a video call.

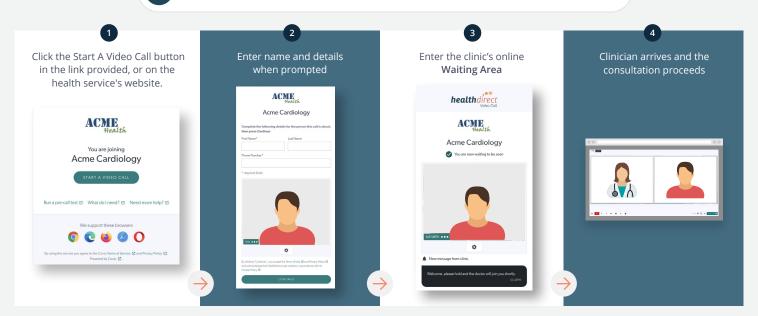


## Get ready to make video calls



R Go to

### www.monashhealth.org/services/telehealth



## ! What do I do if something is not working?

Go to https://vcc.healthdirect.org.au/troubleshooting

#### More information

Telehealth Support Contact Tel: +61 3 8572 3823

Email: telehealth@monashhealth.org