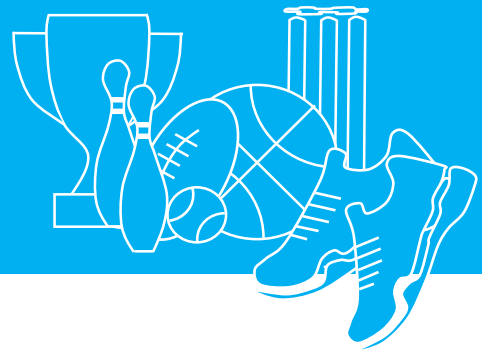


HEALTHY SPORTS CLUBS



SMOKE AND VAPE FREE CLUBS HEALTH AREA



BACKGROUND

At sports clubs that create smoke and vape free spaces, the whole club community has access to clean and safe air when they visit. At these clubs, members can look up to peers and leaders who model positive behaviours around smoking and vaping, and they feel supported to access help if they need it.

However, not everyone is aware of the harmful effects of second- and third-hand cigarette smoke and vape fumes. For players, it impacts their fitness and endurance. For family and friends on the sidelines, breathing in other people's smoke and toxic vape fumes causes coughing and breathing problems, impacting their ability to enjoy the game. Many sports club leaders recognise these risks and want to take action, but it can be difficult to navigate the latest legislations around smoking and vaping and to know how to get effective messages across to the club community.

The good news is that, with the right tools, it's easier than you think to make meaningful change in this space. Free, tailored 1-on-1 support is available for sports clubs in the City of Casey, City of Greater Dandenong, and Cardinia Shire. The Smoke and Vape Free Clubs health area of Healthy Sports Clubs offers up-to-date information and practical strategies to help clubs implement positive changes when it comes to smoking and vaping, creating healthier environments for everyone.

ACHIEVING THIS HEALTH AREA

The **Smoke and Vape Free Clubs** health area involves upholding current tobacco and vaping legislation, and using resources from QUIT Victoria to support club officials, members, players, their families and the community.

Clubs will be supported to complete targets using the *Healthy Sports Clubs* framework, including:

- Create a smoke free environment and adhere to current legislation
- Protect members from second and third hand smoke
- Provide smoking and vaping education for members
- Create a smoke and vape free policy
- Support leaders to be healthy role models.

COMPLETE THE EXPRESSION OF INTEREST FORM TO REGISTER YOUR CLUB
[EOI FORM](#)