

The Alternate Leisure Initiative



My Puzzle House

My Puzzle House is an all abilities play centre. All ages and abilities can come to play and develop social skills, experience support with strengthening and sensory processing, but most importantly have fun in a safe place.



Health area

My Puzzle House worked through the **Inclusion health area** of The Alternate Leisure Initiative. Within this health area they completed **12 actions**.



Key actions

- **Incorporating inclusive practices** such as an **Acknowledgement of Country** and **staff members pronouns**.
- Offering a **prayer room** on site if needed.
- Creation of resources for clients with information on **local services related to disabilities**.

Vouchers



117 vouchers

were used by community members to access My Puzzle House.

20 City of Casey

08 City of Greater Dandenong

13 Cardinia Shire

Evaluation

Community members found the business inclusive and appropriate noting:

- "The **sensory room** at Puzzle House was **amazing** for my son".



Families also acknowledged the changes seen among the children:

- "Like every time she goes, she's **learning** more things. So that's a **good positive** thing."

<https://monashhealth.org/services/health-promotion/the-alternate-leisure-initiative/>