

The Alternate Leisure Initiative



For The Love Of Dance

For The Love Of Dance is focused on engaging and inclusive fun for both kids and adults. Their goal is to inspire self-confidence in a nurturing and supportive environment for all. They do Acro, Ballet, Hip Hop, Ballroom and Dance Fit classes.



Health area

For The Love Of Dance worked through the **Inclusion health area** of The Alternate Leisure Initiative. Within this health area they completed **16 actions**.



Key actions

- **Promotion of inclusive practices** via the website and social media.
- Greater visibility of inclusive practices such as **breastfeeding friendly spaces**, **cultural holidays** and displaying an **Acknowledgement of Country**.
- Held a **'healthy living for neurodiverse children'** webinar.

Vouchers



66 vouchers

were used by community members to access For The Love Of Dance.

05 City of Casey

00 City of Greater Dandenong

24 Cardinia Shire

Evaluation

Community members found the dance classes very positive mentioning:

- "My children did ballet at For The Love Of Dance. It was a **really positive experience**, and they didn't want to leave."



Families also reported changes in their children as a result of being involved:

- "It **positively impacted** my kids in many ways like **emotionally**. **Physically** I think for our daughter she needs the **sensory output**. And **socially** I think it was really **beneficial**."

<https://monashhealth.org/services/health-promotion/the-alternate-leisure-initiative/>