

Kingston MET (KMET) Course



Course at a Glance

KMET is a one-day comprehensive clinical skills and simulation program designed to equip participants with a structured approach for assessment and management of deteriorating patients. KMET is a bespoke course, tailored specifically for doctors and nurses working within the sub-acute clinical environment at Monash Health's Kingston Centre.

Course Topics

- Use of a structured approach to assess and manage unwell patients, considering the patient cohort, clinical resources and team structures unique to the Kingston Centre.
- Latest evidence about clinical deterioration in ward-based areas.
- Effective communication strategies and behaviours that aid teamwork coordination and clinical decision making.

The course includes interactive lectures and video analysis, teamwork and problem-solving activities, facilitated discussions and practice of clinical skills during workshops and immersive simulation scenarios.

Who can Attend?

This course is aimed at nurses and doctors working within the sub-acute wards at the Kingston Centre.

National Safety and Quality Health Service Standards, September 2012. Standard 8: Recognising and responding to deterioration in acute health care

Course Dates 2024:

- 6 times annually

Course Timings:

Full day course - 8.00am to 4.00pm.

To allow the course to run on time, we request that you arrive 15 minutes prior to the course start time.

Venue:

Monash Simulation
Moorabbin Hospital
823-865 Centre Rd
East Bentleigh
VIC 3165

Any questions?

Please contact:

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