

# EARLY YEARS SERVICES: SUSTAINABILITY PLAN TRIAL

A sustainability plan was developed and trialed with early years services who achieved recognition for all 6 health priority areas of the Achievement Program, to ensure health and wellbeing practices were embedded.



**Purpose:** A tool that can continue to be used by engaged services to revisit the health priority areas and ensure practices are reviewed and continue to meet the benchmarks.

# 7

services from Cardinia Shire trialed the sustainability plan between July 2020 and June 2023.

## REFLECTIONS FROM SERVICES ON THE SUSTAINABILITY PLAN PROCESS:

"Good reminder for the service to check in against health areas and see how we can improve."

"It has been helpful with the assessment process. We talked to the assessor about The Achievement Program and they were very interested in the health areas."

"Each year children changeover and the groups have different needs/priorities, so it is important to revisit. "

"It helped us to reflect, keep our minds and actions current and allowed us to set goals for the future"



## BARRIERS TO MAINTAINING THE ACHIEVEMENT PROGRAM:

Staff Changeover  
COVID-19 Impacts  
Limited staff  
time/capacity



# 71%

services involved in the trial anecdotally reported they would be happy to participate in an ongoing review process of The Achievement Program.

# 100%

services involved in the trial are confident that the health messages are still promoted to children in the program or curriculum.

## STRENGTHS IN HOW THE ACHIEVEMENT PROGRAM IS EMBEDDED IN SERVICES:

Discussed at staff meetings  
Included in QIPs  
Considered for events and planning  
Health areas promoted to children

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