



**GP DETAILS:**

Doctors Name:

Clinics Name:

Address:

Phone Number:

**Next Of Kin/Emergency Contact**

Name:

Relationship:

Address:

Post Code:

Phone Number:

**REFERRER DETAILS**

Referral Source:

Self:

Family/Friend:

Service Provider:

Referrer Name:

Phone contact:

Organisation:

Role:

Email:

**SAFETY / BEHAVIOUR / CRISIS MANAGEMENT**

Allergy Alerts:

Are there any safety concerns that we need to be aware of?

Are there any current crisis management plans/ safety plans behaviour management strategies for the client?

(Please attach if appropriate or tell us to look at medical record)

**RISK OF FALLS / PRESSURE INURY** (If unsure this will be assessed on first appointment)

Any history of pressure injury, localised injury to the skin and/or underlying tissue usually over a bony prominence, as a result of pressure, shear and/or friction, or a combination of these factors?

Yes                      No

When completing day to day tasks, walking, turning, domestic duties is there?

No unsteadiness                      Minimal unsteadiness                      Moderate Unsteadiness

Consistently                      Unsteady

Has there been any falls in the last 12 months?

None      1                      2                      3 or more

If any falls recorded or unsteadiness is there any assistance required to access in programs?

Does the client consent to a Physiotherapist or Occupational Therapy Referral to address any concerns?

Yes                      No

**MENTAL HEALTH SCREENING** (If unsure this will be assessed on first appointment)

During the past month, have you been bothered by feeling down, depressed or hopeless?

Yes                      No                      Comment:

During the past month, have you often been bothered by little interest or pleasure in doing things?

Yes                      No                      Comment:

Does mental health currently impact on safety or anyone living with or cared for by the service users?

Yes                      No                      Comment:

*If yes to one or more of the above questions consider a referral to counselling or a therapeutic interventions such as music therapy or exercise physiology which may help to alleviate distress and promote engagement in counselling.*

**NURTITION SCREENING:** (If unsure this will be assessed on first appointment)

Does the client struggle to access to food due to budgeting, skills or knowledge.

Yes                      No                      Comment:

Does the client eat less than twice per day due to dieting, decreased appetite, skipping meals or to influence body shape or size?

Yes                      No                      Comment:

Has the client *unintentionally* lost or gained more than 5kg in the last 6months?

Yes                      No                      Comment:

*If yes to one or more of the above questions consider a referral to Dietetics.*

**HEALTH CONCERNS/ DIAGNOSES/ CURRENT ISSUES FOR CONCERN / PURPOSE AND REASON FOR REFERRAL**



Please email completed referral and/or any enquiries to: [youthtriage@monashhealth.org](mailto:youthtriage@monashhealth.org)

Will we respond within 24 hours of receipt.

Thank-you for referring

**Youth Triage Team**

Youth & Family Services / Monash Health Community



Triage Use Only

Rights and Responsibilities sent to client or guardian on acceptance of referral.