

The Gender Clinic

The Gender Clinic is part of Monash Health, which is the largest public health service in Melbourne, Australia.

The Gender Clinic is a state wide service that accepts referrals for individuals who are aged 16 and above and reside in the state of Victoria. The Gender clinic provides individualised client centred care for trans, gender diverse and non-binary people with the aim of improving their health and well-being.

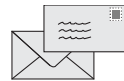
How to Make a Referral

Referrals from a medical practitioner (GP or medical specialist) can be securely submitted via Health Link. We no longer accept referrals by fax, email or post. You can scan below about how to send a referral:
<https://monashhealth.org/health-professionals/referrals/gp-ereferrals/>



Further Information

Please scan to look at our website for more details about our services:



Gender Clinic
Victorian Pride Centre
3C/79-81 Fitzroy St
St Kilda 3182



Phone 03 9556 5216



monashhealth.org
/services/gender-clinic/



For interpreting services phone
131 450

Last reviewed 25/01/23

Consumer Reviewed

This document is intended for information purposes only and does not replace discussion or advice that your healthcare team gives you.

If you discard this document, please recycle safely

The Gender Clinic



This information is for consumers, families and carers

Gender Diversity

Gender Incongruence is a term that describes the experiences of a person as a result of the discrepancy between the sex assigned to them at birth and the gender with which they identify (including non-binary gender identities) together with the associated gender role and sex characteristics.

Not everybody experiencing diversity in their gender identity necessarily experiences distress or seek gender affirming treatments.

Having a gender identity which differs from the sex assigned to you at birth, is not considered to be a psychiatric disorder and psychological treatments aimed at changing a person's gender identity are considered harmful.

Instead, gender affirming treatments such as hormone therapy and/or surgery have been shown to reduce distress and improve the quality of life of those who experience gender incongruence.

What We Offer

- assisting a client to explore their gender identity and providing information about the diversity of gender identities and expressions
- assessing whether a person is experiencing gender incongruence and exploring various medical and social interventions which may assist in affirming their gender
- conducting mental health reviews prior to hormonal or surgical interventions, in accordance with internationally recognised guidelines
- facilitating referrals to public or private health care professionals for gender affirming treatments (endocrinology, plastic surgery, gynaecology, voice training, laser hair removal)
- providing limited psychological support with issues that relate to gender transition
- support by peer workers with lived experience as trans and gender diverse people or family members/carers

- social work support including family counselling and support in accessing various social services
- secondary consultation to primary care clinicians and mental health workers.

What We Don't Offer

- At present no gender-affirming genital or chest surgery is offered within the public health system. The clinic does, however, have limited resources to assist clients in accessing some surgeries within the private healthcare system.
- The clinic is unable to provide medical advice to clients who are experiencing complications due to surgery performed overseas.
- We do not offer fertility preservation but can facilitate a referral to an appropriate service.

