

COVID –19 RESTRICTIONS FOR GYM USE – HEALTHWISE FITNES

MEMBER CHECKLIST AND AGREEMENT

These requirements have been put in place to ensure your own safety and the safety of others in avoiding the spread of COVID-19. Failure to adhere to these guidelines will jeopardise the operation of your workplace gym.

It is our highest priority to keep this area clean and sanitised at all times.

Please
Tick

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|----|--|--------------------------|
| 1. | All members must be fully vaccinated | ☐ |
| 2. | Please protect the gym and DO NOT come to the gym if you feel unwell <u>at all</u> | ☐ |
| 3. | Maintain the physical distancing requirements of 1.5m | ☐ |
| 4. | Members must be mindful of keeping this distance while moving around the gym | ☐ |
| 5. | The sauna is open for one person at any one time | ☐ |
| 6. | Hand hygiene practises are required on entry and exit using sanitiser provided. | ☐ |
| 7. | Members must use the disinfectant provided to wipe down exercise equipment before and after use, including mats. | ☐ |
| 8. | Members must bring a clean towel each time they attend a class or exercise session in the gym -extra towels must be used to lay on equipment/benches/mats. | ☐ |
| 9. | Water bottles only may be filled via drinking fountain. Do not drink directly from the fountain | ☐ |

I _____ agree to abide by the recommendations set by the Australian government for this fitness facility.

Signature _____

Date: _____

We will do our very best to keep the area safe at all times with our 24 hour video surveillance, and we need you to do the same by not opening the gym door to others.