

Monash Health Referral Guidelines

REFUGEE HEALTH – PSYCHIATRY

EXCLUSIONS

Services not covered by these guidelines

This service only receives referrals for people of refugee background.
Patients under 25 years: [Click here](#) for Refugee Health Adult (17 - 25 years) or Paediatric (under 17 years) guidelines

CONDITIONS

[History of trauma / torture](#)

[Depression](#)

[Anxiety](#)

[Complex grief and loss](#)

The psychiatry service is also available to provide primary, secondary and tertiary consultation to the region including, SRSS, health practitioners and other mental health service providers

PRIORITY

All referrals received are triaged by a **Monash Health clinician**.

The clinic is for asylum seeker and refugee patients who require **non-urgent** psychiatry care to manage a mental health condition.

Clients referred to this service should not be experiencing acute psychotic symptomology or acute suicidal, homicidal ideation, or have a known history of aggressive behaviour.

REFERRAL

How to refer to Monash Health

Mandatory referral content

Demographic:

Full name
Date of birth
Next of kin
Postal address
Contact number(s)
Email address
Medicare number
Referring GP details including **provider number**
Usual GP (if different)
Interpreter requirements

Clinical:

Reason for referral
Duration of symptoms
Management to date and response to treatment
Past medical and mental health history
Details of previous mental health service
Torture and trauma history
History of suicidal ideation, homicidal ideation, aggression, psychosis
Current medications and medication history if relevant
Psychosocial history
Family history (if known)



[Click here](#) to download the outpatient referral form

Head of unit:

A/Professor Andrew Block

Program Director:

Jill Walsh

Last updated:

29/01/2019

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CONTACT US

General enquiries and advice

Phone: 9792 8100

Location

Refugee Health and Wellbeing is part of the integrated refugee health service and clients also have access to the broader multidisciplinary team, including psychological support.

Integrated Refugee Health Service

122 Thomas Street,
Dandenong, VIC 3175

Submit a fax referral

Please fax complete referrals to:

Attention: Refugee Health Nurse on Triage

Fax: 9792 7765

Please note, incomplete referrals may be rejected or returned for further information

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