Making a Referral

Anyone can make a referral.

New referrals can be made by contacting the Intake and Referral Service on

Tel: 1300 342 273

or **Fax: 8558 9088**

If English is not your first language and you would like assistance, you can get in touch by calling the

Telephone Interpreter Service on:

Tel: 131450

Use of the interpreter service will be funded by the Community Health Service.

What does the service cost?

There is a small fee for this service. However, no client will be disadvantaged due to inability to pay.

Please speak to a staff member if payment causes hardship.

Aged and Community Care Program

MonashHealth

Greater Dandenong Community Health Service

Contact Us

122 Thomas Street **Dandenong** 3175	Phone: **9792 7912** Fax: 9792 7759
55 Buckingham Avenue **Springvale** 3171	Phone: **8558 9000** Fax: 8558 9111

MonashHealth

Greater Dandenong Community Health Service

Aged and Community Care Program

This Program is jointly funded by the Commonwealth and Victorian governments under the HACC Program

Promoting strength, safety and social confidence for people living with ill-health and disability in the community.

What is the Aged and Community Care Program?

The purpose of the Aged and Community Care Program is to assist people whose lives are impacted by ill-health or frailty, and those who care for them, to live fulfilling and healthy lives safely in their own home environment.

Who can we help ?

To be eligible for the service a person should be living within the City of Greater Dandenong and experience difficulty in daily living because of chronic health problems or injury. *Clients funded by DVA or TAC may have limited eligibility.*

Who can make a referral ?

Anyone can make a referral to the Aged and Community program. Once a referral is received, a team member will contact the person referred to arrange an appointment. Appointments are prioritised by clinical staff according to need.

What happens next?

An initial broader needs assessment will be undertaken and a plan made with the client outlining the services to be provided.

Individual and group based programs are available and a range of different clinical services are available. Treatment may be at either of our centres or may occur in the client's own home or another community venue.

How can we help?

Physiotherapy
Exercise Physiology
Social Work
Speech Pathology
Occupational Therapy
Community Nursing
Podiatry
Dietetics
Diversional Therapy

- **Safety & Independence at Home**
  - Individual Home based Assessment
  - Social Support Planning and Advocacy
  - Diversional Therapy Groups
- **Arthritis & Joint Pain Program**
  - Back to Fitness Group
  - Stepping Out Group
  - Individual therapy program
- **Falls, Balance & Mobility Program**
  - Progressive Neurological Disorders Group
  - Individual therapy program
  - Home-based assessment
- **Active at Any Age**
  - Individual and Group Strength Programs
  - Tai Chi Group
  - Fit Pool Group
  - Croatian Seniors Group
- **Healthy Living, Healthy Lifestyles**
  - Weigh to Go Group
  - Social Support
  - Individual assessment & therapy
- **Cognitive Change Program**
  - Mind Matters Therapy Group
  - Carers Support and Education
  - Individual Assessment
  - Montessori Approach
- **Lifestyle & Recreation**
  - Detour Group for those living with ABI
  - SRS Outreach Program
  - Social Inclusion, Social Confidence groups
  - Individual Therapy programs
- **Complex Needs Program**
  - Individual assessment and Intervention
  - Ongoing Severe disability Support
  - Specialised Nutrition Management
  - Dysphagia Management
  - Communication Group