

Monash Minute

Connecting with primary care

November 2018

Monash Health GP Liaison update: November 2018

Please forward this newsletter onto GPs in your practice or email us at GPLiaison@monashhealth.org to subscribe to this newsletter.

Adult Telehealth Services have arrived at Monash Health

An alternative to face-to-face appointments!

Did you know that Monash Health now offer a convenient alternative to traditional face-to-face appointments in Specialist Consulting and Community Services?

Telehealth provides care closer to our clients and patients. Video consultations are easily conducted within client and patient's homes or can be via supported video consultation in partnership with their local GP or specialist.

The Telehealth program:

- Saves patients hours of travel time and associated costs,
- Provides more equitable and timely access to care, and
- Enables coordinated care closer to home.

Adult specialities currently offering telehealth:

- Haematology
- Nephrology/Renal
- Genetics
- Oncology
- Diabetes
- Neurosurgery
- Rheumatology
- Dermatology
- Pharmacy
- Young Adults Transition Service
- Pain Management

If there is a specialty that could benefit your patients which we do not currently offer, please let us know.

What do you need to participate?

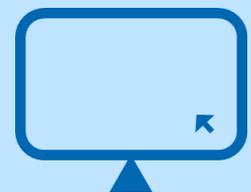
- A good internet connection **and**
- either Google Chrome on a desktop/laptop computer or
- Android tablet/smartphone or
- Safari on an Apple iPhone or iPad.

For further information or additional question on Telehealth at Monash Health:

W: www.monashhealth.org/telehealth

E: stephanie.pearce@monashhealth.org

P: 0439 323 543



TELEHEALTH
SERVICES

**Care closer to
client and
patients' homes**

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The Centre for Developmental Disability Health (CDDH) has moved to Doveton

A new site for the team and more convenient for your patients!

The CDDH has moved to Monash Health Community at 67 Power Road, Doveton. The new site provides easier access and parking for our patients, and more clinical space for our consultations.

GPs can refer their adult patients with intellectual disabilities and complex needs directly into the service for a comprehensive assessment by the CDDH clinicians. Clinicians will provide detailed recommendations back to the referring GP to support ongoing patient care. Advice over the phone to GPs is also available. Just ring and ask to speak to one of our doctors.

The CDDH is a statewide service working to improve the health and wellbeing of adults with intellectual disability through a range of educational, clinical, service innovation and advocacy activities.

For inpatients: The CDDH is currently running a 12 month pilot program - the Complex Disability Liaison Service (CDLS). The service is staffed by a senior occupational therapist, social worker and nurse, with medical input as required. It aims to better support the care of inpatients with intellectual disability and complex needs who are current inpatients in Monash Health wards. The pilot program is operational at Monash Medical Centre and Dandenong Hospital, and commencing soon at Casey Hospital.

For further information about the CDDH and referrals, contact Deanne de Kretser the CDDH Clinic Coordinator:

E: cddh@monashhealth.org

P: 9792 7888

For information about the Complex Disability Liaison Service please contact the team on:

P: 0421 891 972

E: cddh@monashhealth.org

Oasis Unit celebrating first 6 months of operation

Specialist inpatient ward Oasis at Monash Children's Hospital

Oasis is a specialist inpatient ward at Monash Children's Hospital for children 12 years and younger. Part of the Early in Life Mental Health Service (ELMHS), Oasis accommodates children who, for various reasons, have been unable to complete assessments or commence treatment in outpatient settings.

If referred for a planned admission, clinicians will provide assessments and recommendations for community-based treatment for children presenting with neurodevelopmental difficulties or psychiatric illnesses. Eligible children need to be linked to an existing CYMHS/CAMHS service and the child must be supported by a parent or carer who remains with the child during the entirety of their admission.



THE CENTRE FOR
DEVELOPMENTAL
DISABILITY HEALTH
(CDDH)

**The CDH has moved
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Doveton**



OASIS UNIT

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Oasis provides brief containment of acute, life threatening deterioration in mental health, with crisis admissions 7 days a week.

Referrals are accepted from across Victoria (children residing in the catchment for the Austin specialist inpatient ward will be forwarded to their relevant team).

For referrals and more information on the Oasis Unit, please contact:

P: 8572 4693

Scar-less Thyroid Surgery now available at Jessie McPherson Private

New procedure: Trans Oral Endoscopic Thyroidectomy

Thyroid surgery scars can be prominent and an embarrassing issue for some patients, especially for younger patients, and those prone to keloid scar formation.

The Trans Oral Endoscopic Thyroidectomy is an advanced technique that places incisions behind the lower lip, avoiding scars on the patient's neck.

This technique was pioneered throughout Asia, and recently adopted in leading centres worldwide as a safe, cost-effective alternative to traditional open thyroid surgery.

Who is the procedure suitable for?

- Benign symptomatic nodules up to 4cm
- Asymptomatic nodules up to 3cm with indeterminate cytology (requiring a diagnostic hemi-thyroidectomy)
- Some smaller thyroid cancers up to 2cm

Trans Oral Endoscopic Thyroidectomy is available for public patients through Monash Health and private patients through Jessie McPherson Private.

For more information or to refer a patient for consideration, please contact Suren Jayaweera, Consultant Endocrine Surgeon:

E: suren.jayaweera@monashhealth.org

T: 9707 3664

F: 9769 5328

Training and professional development

[UPDATE: Free GP clinical placement program in Cancer Survivorship \(RACGP 40 Cat 1 QI&CPD and ACRRM points\)](#)

APPLY NOW to enhance your skills and knowledge in Cancer Survivorship Oncology Placement.

GPs are invited to attend a free clinical placement at oncology specialist clinics at Monash Health. This placement will enhance GPs' knowledge and confidence in cancer survivorship care, and enable GPs to network with local oncology teams.

Specialist inpatient ward at Monash Children's Hospital



JESSIE MCPHERSON
PRIVATE

Scar-less Thyroid Surgery



TRAINING AND
PROFESSIONAL
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Primary-care nurses and community-based allied health professionals are also invited.

“As a GP, I found this to be the most valuable program I have been involved in in some years, and the first to be offered in this area of medicine. Any GP would benefit ... and long term survivorship will be an important evolving area for us all” – Judith, GP

“The opportunity provided by this program far exceeded my expectations and has given me an outstanding introduction to caring for cancer survivors and patients and I wholeheartedly recommend it to practice nurses and doctors” – Narelle, Practice Nurse

By participating in the program you will be able to attend:

- Multidisciplinary meetings (treatment and investigation planning after initial referral)
- 2-3 specialist clinics (approximately 7-10 hours) at a range of clinics across cancer types and stages of management including; breast, colorectal, gynae-oncology, genitourinary, geriatric and symptom-management clinics
- Face-to-face workshops (optional)

You can book online and choose your start date. There are still positions available for GPs and a waitlist for primary care nurses and allied health practitioners.

[For more information or to apply click here.](#)

For further information please contact Leisa Leon, Clinical Placement Program in Cancer Survivorship Coordinator:

E: ACSCplacements@petermac.org.au

We are interested in your feedback on how we can provide the most useful information in the Monash Minute newsletter. Please email your comments or feedback to GPLiaison@monashhealth.org

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