Physiotherapy services are available at our Cranbourne, Doveton, Berwick, Pakenham, and Cockatoo sites.

Our Community Health physiotherapists see clients with chronic and complex conditions, as well as acute injuries.

Our Community Rehabilitation physiotherapists see clients post fracture and/or surgery, post hospital admission and those with recent ABI. They are also involved in running Pulmonary Rehabilitation and Cardiac Rehabilitation Programmes.

We also offer clients hydrotherapy and group exercise programmes.

**Cardiorespiratory**
This placement involves participation in Pulmonary and Cardiac Rehabilitation Programs. This includes education and exercise components of the programme, and pre and post assessment of clients. May include any related outpatient conditions.

Note that this placement also involves General Rehabilitation and Community Health components that involve clients following surgery and with acute/chronic musculoskeletal conditions.

Suggested revision:
- COPD and related conditions
- Cardiac disease and related conditions
- Indication for exercise in pulmonary and cardiac disease

Also:
- Anatomy - particularly of the spine
- Common orthopaedic procedures
- Principles of exercise including strength training
- Self-management principles
- Chronic pain management

**Musculoskeletal**
This placement involves a community health and rehabilitation caseload of clients with acute and chronic musculoskeletal conditions, and also clients requiring rehabilitation following fracture and/or orthopaedic surgery. Exercise group therapy is also available.

Suggested revision:
- Anatomy - particularly of the spine
- Common orthopaedic procedures
- Principles of hydrotherapy
- Principles of exercise including strength training
- Self-management principles
- Chronic pain management

All musculoskeletal students in the Southern Clinical-School are expected to revise all musculoskeletal lectures, and have pre-read and have access to Hoppenfield & Murthy, “Treatment and Rehabilitation of Fractures”.

**Neurology**

This placement involves a caseload of clients requiring rehabilitation following a recent acquired brain injury. May also include clients with a recent diagnosis of a neurological condition e.g. MS, MND. Involves work with the community health MS strength training programme.

Suggested revision:
- ABI rehabilitation – stroke, head injury
- Acquired neurological conditions – MS, MND
- Neuroanatomy

All Southern Clinical-School students on a neurology placement will attend a series of combined tutorials. Therefore, you will be required to pre-read and prepare using your neurology tutorial manual. You are required to have access to your manual on clinic in both 3rd and 4th year.

**Paediatrics**

Clients are aged from 0-6 years and include both orthopaedic and developmental delay. Placement will be based at the centre but include outreach into the community.

Suggested revision:
All paediatric students in the Southern Clinical-School are expected to revise all paediatric lectures, tutorials and case studies and have pre-read Sheridan’s “From Birth to Five Years”. Please specifically note information about client and family-centred practice, the social model of health, health promotion, plagiocephaly, biomechanics of paediatric gait, working with interpreters.