

How to apply?

Fill out an application form to apply.

Forms are available from the Monash Health website, or you can call us if you would like us to send you a form.

Up to \$1,000 is available per person each financial year – 1 July to 30 June. You can apply at any time of year.

Is there a cost?

There is no cost to apply for a Carer Support Package.

Rights and Responsibilities

The Monash Health Rights and Responsibilities pamphlet is available on our website at www.monashhealth.org

Monash Health complies with privacy legislation and clients' rights.

The Carer Support Packages are managed by Monash Health Community, Disability Services which is funded by the Department of Human Services and governed by the *Disability Services Act 2006*.

Contact us



To discuss the packages further, please call us on:

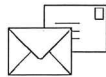
9792 7425



Interpreter

Please let us know if you require an interpreter:

131 450



Monash Health
Carer Support Packages
Administration Support Officer
Level 1, 55 Buckingham Ave
Springvale Vic 3171



Please fax referrals to:

8558 9190



disability.packages@monashhealth.org



www.monashhealth.org

Carer Support Packages

This information is for carers of people with an Acquired Brain Injury

What are Carer Support Packages?

- Many adults with an Acquired Brain Injury (ABI) rely on a carer to help them in their everyday life.
- Carers can benefit from a planned break from their caring role.
- Carer Support Packages are designed to give carers a break.
- The packages can be used for any number of activities or services that give the carer a break from their caring role.
- Priority will be given to people who are having trouble continuing in their role as a carer.

Who is a carer?

A carer is a person who provides unpaid care and support to a family member or friend who has a disability.

What do packages include?

Carer Support Packages offer funding to help you:

- Access respite
- Take a holiday or break
- Top up your existing respite services
- Purchase equipment
- Provide social or recreational activities.

You can apply for up to \$1,000 in each financial year – 1 July to 30 June.

Who can apply?

You can apply if you are the carer of an adult with an ABI who is aged between 18 and 64.

You must be the main person caring for the person with an ABI.

Who is not eligible?

You cannot apply if the person with an ABI lives in a nursing home, hostel or other supported residential service.

You cannot apply if the person with an ABI is receiving, or has received, compensation for their injury.

The person with the ABI must live in one of the following areas:

- Bayside
- Casey
- Cardinia
- Frankston
- Glen Eira
- Greater Dandenong
- Kingston
- Mornington Peninsula
- Port Phillip
- Stonnington