

Monash Health

Gender Dysphoria Clinic
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Monash Gender Dysphoria Clinic

Secondary Consultation Service

The Monash Gender Dysphoria Clinic is a state wide Victorian mental health service. The clinic provides a secondary consultation service to mental health professionals providing healthcare services to people with diverse gender identities. This includes area mental health service clinicians (AMHS), GPs, private-sector psychiatrists and other mental health practitioners.

Monash Gender Dysphoria Clinic staff are a multidisciplinary team comprised of gender specialists from the disciplines of psychiatry, clinical psychology, endocrinology, plastic and reconstructive surgery, gynaecology, social work and speech pathology.

Referrals for secondary consultation are accepted from health practitioners who are providing services to gender diverse people who have complex needs. These may include clients with atypical gender presentations and/or those with complex physical and psychiatric comorbidity.

The secondary consultation service is facilitated by psychiatrists from the clinic and provides support and guidance to Victorian health practitioners on clinical matters relating to gender variance. The intention of the secondary consultation service is to provide peer consultation with a gender specialist as opposed to providing second opinions for clients or providing therapy supervision.

Consultations, up to 30 minutes duration, can be provided to individual or group health practitioners via telephone or videoconference. The service is available every 2 months on a Tuesday afternoon and appointments can be arranged by contacting the clinic on (03) 95565216.

Dr Jaco Erasmus
Head of the Monash Gender Dysphoria Clinic
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