

Information for health care professionals

How to refer to us

- To refer clients to the Gender Clinic, please send us a letter containing the information in the document on the webpage.
- We accept clients who are:
 - At least 17 years old
 - Resident in Victoria or Tasmania - telehealth consultations are available
 - With any level of insurance cover (e.g. Private cover, Medicare only, asylum seekers)
 - With any level of English language - Interpreter services are available
 - With any Visa status

Secondary consultation

- The clinic provides secondary consultation to GPs, Mental health professionals and others working with trans, gender diverse or non-binary clients. Click on the link to the document elsewhere on the webpage

Private providers

- Click on the link to a the List of private providers elsewhere on the webpage
- The Australian and New Zealand Professional Association for Transgender Health's online list of service providers. <https://www.anzpath.org/about/service-providers/victoria/>

Education/Resources

General

- The World Professional Association for Transgender Health promotes the highest standards of health care through the **Standards of Care (SOC) for the Health of Transsexual, Transgender, and Gender Nonconforming People**. For SOC-7 in multiple languages: click on [WPATH Standards of Care 7](#)
- For child and adolescent clients, see the **Australian Standards of Care and Treatment Guidelines for Trans and Gender Diverse Children and Adolescents (2017)** – click here [Australian Standards of Care and Treatment Guidelines](#), and more information at the RCH gender service <https://www.rch.org.au/adolescent-medicine/gender-service/>

For GPs

- A brief introduction, designed for GPs, but useful for all health practitioners, is Atkinson and Russell 2015 *Gender Dysphoria* from Australian Family Practice. To download, click on [Atkinson 2015](#) .
- An on-line video resource is being developed at Melbourne University, and will be available in early 2018.
- There is an existing HealthPathways guideline, which is in the process of being customised, and will be available in early 2018.

For mental health professionals

- For some brief guidelines, these Australian Psychological Society statement links are useful
 - [Info sheet Sexual Identity and Gender Diversity](#)

- [Info Sheet Transgender affirmation extended version](#)
- [Literature review lgbt families](#)
- For more in-depth guidance, click on the American Psychological Association's <https://www.apa.org/practice/guidelines/transgender.pdf>